

MAYB ABELSON



AMATEUURED CONFIDENCE

“When you meet someone, treat them as if they were in serious trouble and you will be right more than half in time.” As time passes, the world grows more challenging and our physical capacities slowly diminish with age. We face trials in life and they give us the opportunity to prove ourselves. Just when all seems to be going right, challenges often come in multiple doses applied simultaneously.

We therefore get experiences that stimulate growth, understanding and compassion which polishes us for your everlasting benefit. To get ourselves from where we are to where we want to be requires a lot of stretching and that generally entails discomfort and pain. When we face adversity, we can be led to ask many questions. Some serve a useful purpose and others do not.

Rather ask, what am I to do?

What am I to learn from this
experience? What am I to change?

Who am I to help? How can I
remember my many blessings in times
of trial?

Treating everyone with fairness and
respect regardless of their
backgrounds, knowledge, skills, needs
and experiences or addressing
existing disadvantages affecting how
people participate in society

can help create a cohesive community
and effective workforce. An equal
society protects and promotes real
freedom and opportunity to live in. An
equal society recognizes the people
different needs, situations and goals
and removes the barriers that limit
what people can do and be.

It is important to know when you feel down, that many others do also and that their circumstances are generally much worse than yours.

This can be when we cultivate sensitivity towards the feelings of others at the time encouragement is needed. There is also in our society: a sad tendency among many of us to belittle ourselves.

Another person may appear to us to be sure of themselves.

The important thing is to make the
best of all that we have.

We therefore bear a brave
responsibility for the purity of our
motives when some trusting heart
has offered us entrance.

THE END