

MAYB ABELSON



AMATEUURED CONFIDENCE

“When you meet someone, treat them as if they were in serious trouble, you will be right more than half in time.” As time passes, the world grows more challenging, and our physical capacities slowly diminish with age. We face trials in life. They give us the opportunity to prove ourselves. Just when all seems to be going right, challenges often come in multiple doses applied simultaneously.

We therefore get experiences that stimulate growth, understanding and compassion which polish you for your everlasting benefit. To get ourselves from where we are to where we to be requires a lot of stretching, and that generally entails discomfort and pain when we face adversity. We can be led to ask many questions. Some serve a useful purpose; others do not. Rather ask, what am I to do?

What am I to learn from this
experience? What am I to change?

Who am I to help? How can I
remember my many blessings in times
of trial?

Equality- This means treating
everyone with fairness and respect and
recognizing the needs of individuals. It
is about addressing existing
disadvantages affecting how people
participate in society.

Diversity- This means recognizing, valuing and taking account of people's different backgrounds, knowledge, skills, needs and experiences. It is also about encouraging and using those differences to create a cohesive community and effective workforce.

“An equal society protects and promotes equal, real freedom and opportunity to live in the way people value and would choose, so that everyone can flourish.

An equal society recognizes the people different needs, situations and goal, and removes the barriers that limit what people can do and be. It is important to know when you feel down, that many others do also and that their circumstances are generally much worse than yours. And it's important to know that when one of us is down, it becomes the obligation of his friends to give him a lift.

This can be when we cultivate sensitivity towards the feelings of others, and when encouragement is needed, make an effort to extend it. a friend and you will have a friend. There is also in our society a sad tendency among many of us to belittle ourselves. Another person may appear to us to be sure of themselves.

The important thing is to make the
best of all that we have.

We therefore bear a brave
responsibility for the purity of our
motives when some trusting heart
has offered us entrance.

THE END